

Activity levels of young children in Canada

Are we driving our kids to unhealthy habits? 2013 Active Healthy Kids Canada report card on physical activity for children and youth ^[1], Active Healthy Kids Canada

Is active play extinct? 2012 Active Healthy Kids Canada Report Card on Physical Activity for Children and Youth ^[2], Active Healthy Kids Canada

Physical activity in Ontario preschoolers: prevalence and measurement issues

Obeid, J., Nguyen, T., Gabel, L., Timmons, B. W. (2011). *Applied Physiology, Nutrition and Metabolism*, 36(1), 291-297.

Summary available via paid subscription ^[3]

Physical activity levels of Canadian children and youth, 2007 to 2009 ^[4]

Statistics Canada

Source URL (modified on 13 Jul 2022): <https://childcarecanada.org/resources/issue-files/resources/issue-files/resources/issue-files/physical-activity-canadian-early>

Links

[1] <http://dvqdas9jty7g6.cloudfront.net/reportcard2013/AHKC-Summary-2013.pdf> [2]

<http://dvqdas9jty7g6.cloudfront.net/reportcards2012/AHKC%202012%20-%20Report%20Card%20Short%20Form%20-%20FINAL.pdf> [3]

<https://cdnsiencepub.com/doi/abs/10.1139/h11-002> [4] <https://www150.statcan.gc.ca/n1/pub/82-625-x/2011001/article/11553-eng.htm>