Aboriginal Head Start in Urban and Northern Communities III

Closing the gap in health and education outcomes for Indigenous children in Canada

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KEY MESSAGES

- A new study by Statistics CanadaFootnote 21 found evidence that Indigenous early childhood development programs such as Aboriginal Head Start in Urban and Northern Communities (AHSUNC) are associated with **positive health and education outcomes for both elementary and intermediate/high schoolaged** Canadian Indigenous children.
- The study also found that AHSUNC is successfully reaching high risk Indigenous populations. Children who have attended these programs experience significantly greater socio-demographic challenges such as living with a single parent, having a parent or grandparent who attended residential school, living in the north and in a lower income household than those who attended non-Indigenous-focused early child development programs.
- Children and youth who participated in AHSUNC achieve similar health and education outcomes as their peers who are not faced with the same adversity.
- These results suggest that AHSUNC and its focus on Indigenous culture and language helps participating Indigenous children to close the gap in health and education outcomes with non-AHSUNC participants who are not faced with the same adversity. These results also suggest that the program helps these children become more resilient and results in healthier and higher-achieving students.

Region: Canada [4]
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