

# Addressing the indirect effects of COVID-19 on the health of children and young people <sup>[1]</sup>

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## AVAILABILITY

Access PDF online <sup>[2]</sup>

## Key Points

- Illness and hospital admissions directly related to coronavirus disease 2019 (COVID-19) have been infrequent for children and young people; however, pandemic-related service closures have resulted in limited access to primary and secondary health care, parental fear of seeking health care, closures of daycares and schools, and employment and financial instability.
- Adverse childhood experiences, including family violence, nonaccidental trauma and mental illness, are expected to increase during lockdown and worsen during the anticipated economic recession.
- Safe care must continue to be provided in the community and in hospital, virtually or, for select cohorts, in person.
- Clear and transparent communication with children, young people and their families is needed regarding uncertainties about ongoing care and, where applicable, the reorganization of services.
- Social re-introduction policies, resumption of normal health care services and changes to services should be informed by systematically collected data and understanding of families' lived experiences.

**Related link:** Pandemic poses indirect physical, mental health consequences for children: Study <sup>[3]</sup>

**Region:** International <sup>[4]</sup>

**Tags:** health and safety <sup>[5]</sup>

**Source URL (modified on 30 Jun 2020):** <https://childcarecanada.org/documents/research-policy-practice/20/06/addressing-indirect-effects-covid-19-health-children-and>

## Links

[1] <https://childcarecanada.org/documents/research-policy-practice/20/06/addressing-indirect-effects-covid-19-health-children-and> <sup>[2]</sup>

<https://www.cmaj.ca/content/cmaj/early/2020/06/24/cmaj.201008.full.pdf> <sup>[3]</sup> <https://www.childcarecanada.org/documents/child-care-news/20/06/pandemic-poses-indirect-physical-mental-health-consequences-children> <sup>[4]</sup>

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