

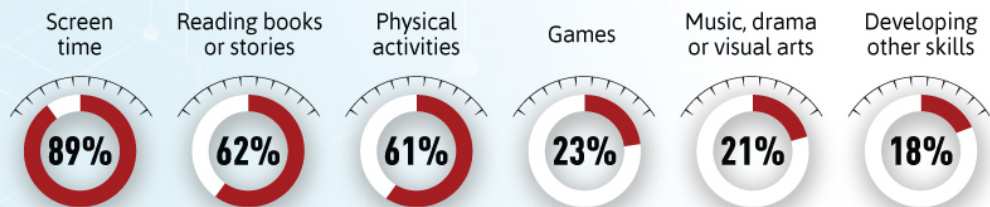
# Impacts of COVID-19 on Canadian families and children <sup>[1]</sup>

## The impact of the COVID-19 pandemic on Canadian families and children

We asked Canadians what it is like to be a parent during the COVID-19 pandemic. Here are some of the participants' responses:

### Screen time, reading and physical activity were the most popular daily activities

Daily or almost every day

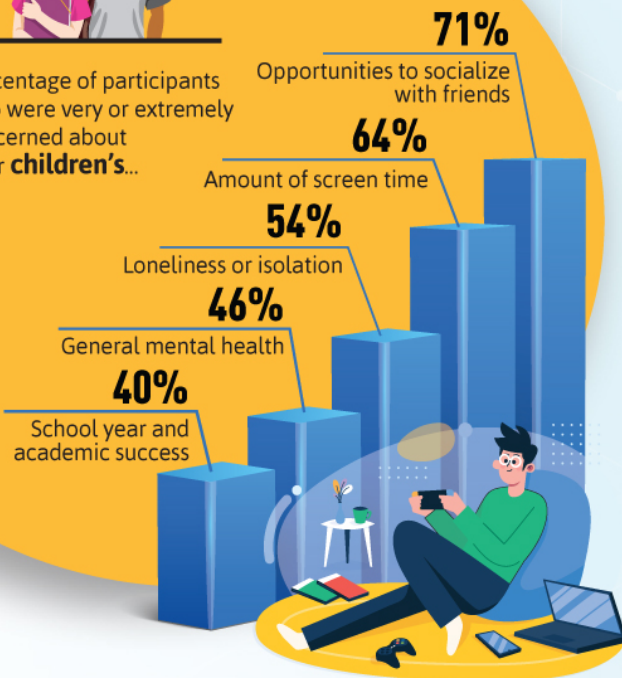


Percentage of participants who said that their children engaged in selected activities at home

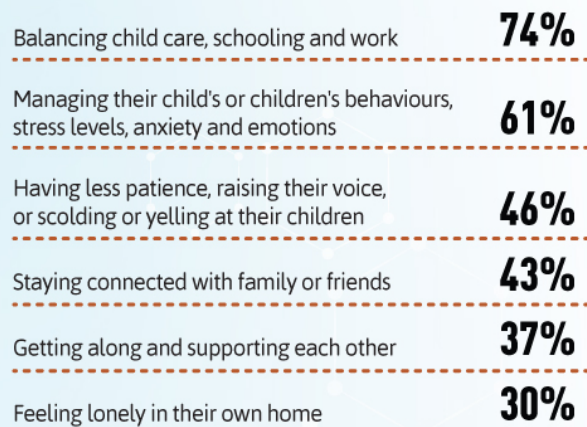
### Parents' top concerns were children's opportunities to socialize with friends and balancing child care, schooling and work



Percentage of participants who were very or extremely concerned about their **children's...**



Percentage of participants who were very or extremely concerned for their **families** in terms of...



### Parents of young school-aged children were the most likely to be very or extremely concerned about balancing child care, schooling and work

Preschool-aged children only ----- 70%



School-aged children aged 4 to 11 --- **80%**  
School-aged children aged 12 to 14 --- **55%**  
Children of various ages --- **76%**



For more information, please check out the *Daily* article.

Source: Statistics Canada, Impacts of COVID-19 on Canadians: Parenting During the Pandemic, June 2020.

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[www.statcan.gc.ca](http://www.statcan.gc.ca)

Canada

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#### AVAILABILITY

[Access full PDF online](#) [2]

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Excerpted from the report

The COVID-19 pandemic has dramatically altered the way of life for Canadian families, parents and children. Because of physical distancing and employment impacts, parents have altered their usual routines and supports, and many children and families have been isolated in their homes for months. Children, in particular, may not have left their homes or seen any friends or family members other than their parents for an extended period, since children do not typically have to leave their homes for essential services. However, the impact of the pandemic on families has yet to be described. The purpose of this report is to provide a snapshot of the experiences of Canadian parents and families during this unprecedented time.

Unlike other surveys conducted by Statistics Canada, crowdsourcing data are not collected under a probability sampling design. As a result, the findings reflect only the responses of those who completed a questionnaire, and thus cannot be generalized to the entire Canadian population. In fact, readers should note that a large proportion of crowdsourcing participants who voluntarily completed this online questionnaire between June 9 and June 22 were women, were born in Canada and had a bachelor's degree or higher.

**Region:** Canada [4]

**Tags:** family [5]

Source URL (modified on 20 Jul 2020): <https://childcarecanada.org/documents/research-policy-practice/20/07/impacts-covid-19-canadian-families-and-children>

Links

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