

# Moving mountains: Work, family and children with special needs

[1]

**Author:** Canadian Union of Postal Workers

**Source:** Canadian Union of Postal Workers

**Format:** Book / booklet

**Publication Date:** 21 Jan 2003

## AVAILABILITY

Available in print for order (see SOURCE) and online.

[Download PDF](#) [2]

Excerpt from press release: An internationally acclaimed work and family project that meets the needs of children with disabilities and helps ease the financial, physical and emotional stresses on their parents is the subject of a new book. While other work-family initiatives provide child care supports, the Canadian Union of Postal Workers' project is the only program in North America that addresses the challenges of workers who have children with special needs, live in communities across Canada and work non-traditional shifts. "Moving mountains: Work, family and children with special needs", describes the positive difference the CUPW Special Needs Project has made for these families. It also shows that helping parents balance work and family benefits their employer too.

**Related link:** - News article: Project invests in workers and kids with special needs, *Toronto Star* [3]

**Region:** Canada [4]

**Tags:** special needs [5]

demand [6]

family resource programs [7]

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**Source URL (modified on 27 Jan 2022):** <https://childcarecanada.org/documents/research-policy-practice/03/01/moving-mountains-work-family-and-children-special-needs>

## Links

[1] <https://childcarecanada.org/documents/research-policy-practice/03/01/moving-mountains-work-family-and-children-special-needs> [2]

<http://specialneedsproject.ca/resources/publications/moving-mountains> [3] <https://childcarecanada.org/documents/child-care-news/03/04/project-invests-workers-and-kids-special-needs-ca> [4]

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