

# Research about physical activity for young children generally

Physical activity promotion in the preschool years: A critical period to intervene <sup>[1]</sup>

Goldfield, Gary S.; Harvey, Alysha; Grattan, Kimberly & Adamo, Kristi B.(2012). *International Journal of Environmental Research and Public Health*, 9(4), 1326-1342.

Moving bodies, building minds: Fostering critical thinking and problem-solving through movement <sup>[2]</sup> (Abstract online)

Marigliano, M.L. & Russon, M.J. (2011). *Young Children*, September 2011.

What the research says about physical activity and the early years <sup>[3]</sup>

Best start, 2011

Physical activity in child-care centers: do teachers hold the key to the playground? <sup>[4]</sup>

Copeland, K.A., Kendeigh, C.A., Saelens, B.E., Kalkwarf, H.J. & Sherman, S.N. (2011). *Health Education Research*

Interventions to promote physical activity in young children <sup>[5]</sup>

Trost, S.G. (2011). *Encyclopedia on Early Childhood Development*

Physical activity at daycare: issues, challenges and perspectives. (Abstract online <sup>[6]</sup>)

van Zandvoort, M., Tucker, P., Irwin, J. D., & Burke, S. M. (2010). *Early Years: Journal of international research & Development*. 30(2), 175-188.

Physical activity for preschool children--how much and how? <sup>[7]</sup>

Timmons, B. W., Naylor, P., & Pfeiffer, K. A. (2007). *Applied Physiology, Nutrition & Metabolism*, 32.

Societal values and policies may curtail preschool children's physical activity in child care centers <sup>[8]</sup>

Copeland, K.A., Sherman, S.N., Kendeigh, C.A., Kalkwarf, H.J. and Saelens, B.E. (2012). *Pediatrics*, 129 (2), pp. 265 -274.

Physical activity of preschool aged children in child care settings: Final report [link no longer available]

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The childcare environment and children's physical activity (Abstract online <sup>[9]</sup>)

Bower, J.K., Hales, D.P., Tate, D.F., Rubin, D.A., Benjamin, S.E. and Ward, D.S. (2008). *American Journal of Preventive Medicine*, 34(1), pp. 23-29.

Physical activity in young children: the role of child care <sup>[10]</sup> (Abstract online)

**Source URL (modified on 23 Oct 2020):** <https://childcarecanada.org/resources/issue-files/physical-activity-canadian-early-childhood-education-and-care/research-about>

**Links**

[1] <https://childcarecanada.org/documents/research-policy-practice/13/10/physical-activity-promotion-preschool-years-critical-period> [2] <https://eric.ed.gov/?id=EJ959743> [3] [https://www.beststart.org/resources/physical\\_activity/pdf/Research\\_2011\\_Eng\\_Final.pdf](https://www.beststart.org/resources/physical_activity/pdf/Research_2011_Eng_Final.pdf) [4] <https://academic.oup.com/her/article-pdf/27/1/81/1713193/cyr038.pdf> [5] <http://www.child-encyclopedia.com/physical-activity/according-experts/interventions-promote-physical-activity-young-children> [6] <https://www.tandfonline.com/doi/abs/10.1080/09575141003667282> [7] <https://www.nrcresearchpress.com/doi/pdf/10.1139/H07-112> [8] <https://pediatrics.aappublications.org/content/129/2/265> [9] <https://www.ajpmonline.org/article/S0749-3797%2807%2900616-2/abstract> [10] <https://pubmed.ncbi.nlm.nih.gov/20068500/>