

# \$10aDay child care: Life-changing impacts for BC families <sup>[1]</sup>

**Author:** \$10aDay Child Care

**Source:** \$10aDay Child Care


**Format:** Fact sheet

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## AVAILABILITY

Access factsheet online [PDF] <sup>[2]</sup>

Access online <sup>[3]</sup>

Attachment	Size
 <a href="#">10_day_life_changing_final-converted.pdf</a> <sup>[4]</sup>	192.92 KB

Excerpted from factsheet

Late in 2018, when families of over 2,000 in BC children learned that their program would become a \$10/day prototype site, they described the impact of having their fees reduced to a maximum of \$10/day as “life-changing”.

In 2020, an independent evaluation of the \$10/day prototype sites confirmed a range of economic and well-being impacts reported by families, including:

Impact:	Proportion of Families:
Reduced financial stress	98%
Improved quality of life	98%
Improved family well-being/reduced family stress	96%
Increased ability to save money & pay off debt	93%
Improved mental health	93%
Improved housing stability	92%
Improved family relationships	88%
Improved work-life balance	85%
Increased family quality time	82%
Improved physical health	82%
Reduced family social isolation	77%
Increased ability to focus on work	57%
Reduced absences from work or school	36%

**Region:** Canada <sup>[5]</sup>

**Tags:** federal election <sup>[6]</sup>

national child care system <sup>[7]</sup>

affordability <sup>[8]</sup>

wellbeing <sup>[9]</sup>

**Source URL (modified on 1 Sep 2021):** <https://childcarecanada.org/documents/research-policy-practice/21/09/10aday-child-care-life-changing-impacts-bc-families>

**Links**

[1] <https://childcarecanada.org/documents/research-policy-practice/21/09/10aday-child-care-life-changing-impacts-bc-families> <sup>[2]</sup>

[https://d3n8a8pro7vhmx.cloudfront.net/10aday/pages/3019/attachments/original/1630349353/\\_10\\_day\\_life\\_changing\\_final-converted.pdf?1630349353](https://d3n8a8pro7vhmx.cloudfront.net/10aday/pages/3019/attachments/original/1630349353/_10_day_life_changing_final-converted.pdf?1630349353) <sup>[3]</sup>

[https://www.10aday.ca/life\\_changing\\_impacts\\_of\\_10aday](https://www.10aday.ca/life_changing_impacts_of_10aday) <sup>[4]</sup> [https://childcarecanada.org/sites/default/files/\\_10\\_day\\_life\\_changing\\_final-converted.pdf](https://childcarecanada.org/sites/default/files/_10_day_life_changing_final-converted.pdf) <sup>[5]</sup>

<https://childcarecanada.org/taxonomy/term/7864> <sup>[6]</sup> <https://childcarecanada.org/category/tags/federal-election> <sup>[7]</sup>

<https://childcarecanada.org/category/tags/national-child-care-system> <sup>[8]</sup> <https://childcarecanada.org/category/tags/affordability> <sup>[9]</sup>

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