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# Quebec

*Note: The following excerpts from the regulations are for reference purposes only. For the most current official version of the Acts and Regulations, please go to the Quebec government's website.*

## **Educational Childcare Act. 2006.**

### **Educational Childcare Regulation. [1]**

#### Division III

##### S.2 Service area

33. A permit holder must have service areas in the facility that consist of

(1) a kitchen if the meals are prepared by the staff, or a kitchenette ; the kitchen or kitchenette must be closed or isolated by a door, a dutch door or a half-wall preventing the children from entering the kitchen or kitchenette ;

110. A childcare provider must, when providing meals and snacks to children, ensure that the meals and snacks comply with Canada's Food Guide to Healthy Eating (Health Canada, Ottawa, 1997) or any subsequent edition of the Guide that may be published by Health Canada.

O.C. 582-2006, s. 110.

111. If a child is on a special diet prescribed by a member of the Collège des médecins du Québec, the childcare provider must follow the parent's written instructions for the meals and snacks to be served to that child.

O.C. 582-2006, s. 111.

112. A childcare provider other than a home childcare provider must post the weekly menu for consultation by the staff and parents and ensure that the meals and snacks served to the children conform to the menu.

A home childcare provider must inform parents of the contents of the meals and snacks served to the children.

O.C. 582-2006, s. 112.

113. All food prepared on or brought onto the premises must be kept and served by the childcare provider under sanitary conditions at the appropriate temperature.

O.C. 582-2006, s. 113.

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**Source URL (modified on 7 Aug 2020):** <https://childcarecanada.org/resources/issue-files/what-do-mealtimes-and-food-mean-early-childhood-programs/legislated-4>

#### **Links**

[1] [http://www2.publicationsduquebec.gouv.qc.ca/dynamicSearch/telecharge.php?type=3&file=/S\\_4\\_1\\_1/S4\\_1\\_1R2\\_A.HTM](http://www2.publicationsduquebec.gouv.qc.ca/dynamicSearch/telecharge.php?type=3&file=/S_4_1_1/S4_1_1R2_A.HTM)