

# Alberta

*Note: The following excerpts from the regulations are for reference purposes only. For the most current official version of the Acts and Regulations, please go to the Alberta government's website.*

## **Social Care Facilities Licensing Act, 2000.**

### **Child Care Regulation 180/2000.** <sup>[1]</sup>

#### Part II Facilities and their operation

##### Meals and snacks

#### 20. A licence holder must

(a) provide or require parents to provide meals and snacks to the children, and

(b) ensure that meals and snacks provided to the children

(i)

are in accordance with Canada's Food Guide as approved by the Canadian Council on Nutrition or in accordance with other similar guidelines, and

(ii) are provided at appropriate times and in sufficient quantities in accordance with the needs of each child.

##### Menus

21 A licence holder must make available to staff and parents, in a form and manner approved by a director, information on the food to be provided by the licence holder.

##### Manner of feeding

22 A licence holder must ensure that the manner in which the children are fed is appropriate to their age and level of development.

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**Source URL (modified on 7 Aug 2020):** <https://childcarecanada.org/resources/issue-files/what-do-mealtimes-and-food-mean-early-childhood-programs/legislated-1>

##### **Links**

[1] <http://www.qp.alberta.ca/570.cfm>