

# British Columbia

*Note: The following excerpts from the regulations are for reference purposes only. For the most current official version of the Acts and Regulations, please go to the British Columbia government's website.*

## **Community Care and Assisted Living Act, 2002.**

### **Child Care Licensing Regulation 332/2007. Part IV Operations <sup>[1]</sup>**

#### Division I General care requirements

##### Nutrition

#### 48 (1) A licensee must

(a) ensure that each child has healthy food and drink according to the Canada's Food Guide, and

(b) promote healthy eating and nutritional habits.

(2) If a child's record includes, or the child has a care plan that includes, instructions respecting food and drink for the child,

(a) the requirements of subsection (1) (a) do not apply to the extent that they are inconsistent with those instructions, and

(b) the licensee must comply with those instructions.

(3) A licensee must ensure that the food and drink given to a child is sufficient in quantity and quality to meet the developmental needs of the child, having regard to

(a) the child's age,

(b) the number of hours the child is under the care of the licensee, and

(c) the child's food preferences and cultural background.

(4) A licensee must ensure that children are not

(a) fed by means of a propped bottle,

(b) forced to consume any food or drink, or

(c) left unsupervised while consuming food or drink.

(5) A licensee must ensure that safe drinking water is available to children.

(6) A licensee must make available to parents information on the food and drink given to children.

(7) A licensee must ensure that food and drink are not used as a form of reward or punishment for children.

##### Menu planning and food services

69 (1) A licensee must ensure that menu planning takes account of all of the following:

(a) the needs of the persons in care, including their ages, levels of activity, the requirements of any therapeutic diets, and any matters that may affect the ability of persons in care to consume, or safely consume, food and drink;

(b) the food preferences and cultural backgrounds of the persons in care;

(c) seasonal variations in food, and diversity of food texture and colour.

(2) A licensee must ensure that persons in care are provided with snacks in addition to meals, as necessary to meet the needs of the persons in care.

(3) A licensee must ensure that persons in care who are

absent from the community care facility will be provided with meals and snacks as necessary to meet the needs of the persons in care.

(4) A licensee must ensure that persons in care are given sufficient time in which to comfortably consume meals and snacks

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Source URL (modified on 7 Aug 2020): <https://childcarecanada.org/resources/issue-files/what-do-mealtimes-and-food-mean-early-childhood-programs/legislated-3>

#### Links

[1] [http://www.qp.gov.bc.ca/statreg/reg/C/CommuCareAssisted/332\\_2007.htm#section69](http://www.qp.gov.bc.ca/statreg/reg/C/CommuCareAssisted/332_2007.htm#section69)